



ANNUAL REPORT 2019-2020



CFS Regina
160 McIntosh Street
Regina, Saskatchewan S4R 4Z4
www.cfsregina.ca

Notes

The term client may refer to an individual, a client or a family

*Staff who left CFS during fiscal year are indicated by **

*Staff joining CFS after April 1, 2020 are indicated by ***



PRESIDENT'S MESSAGE

BOARD OF DIRECTORS

PRESIDENT
KEITH FORTOWSKY

VICE PRESIDENT
STACEY HACK

PAST PRESIDENT
ROGER DE CORBY

SECRETARY
ELIZABETH FLYNN

DIRECTOR
DARWIN MOTT

DIRECTOR
DEACON HARPER BOUCHER

President's Remarks

The 2019-20 year at Catholic Family Service Regina (CFS) has been a year of highly positive developments for our agency ... and then the COVID-19 crisis arrived. Highlights include:

Expansion of our Newcomers' Programming – The success of our existing services to Newcomers has led to a significantly expanded contract with the Government of Canada.

Balanced Budget – The closure of the Roots & Wings Daycare both eliminated that program's substantial operating deficit, and allowed us to consolidate into one building. The resultant cost savings, combined with the revenues from our expanded Newcomers' program, has allowed us to create a balanced planned budget for the upcoming year (2020-21), for the first time since our move to our new building. Moreover, through careful stewardship, our managers and staff actually managed to balance our budget ahead of schedule, in the year just ended (2019-20).

Strategic Planning – In January the Board and senior managers held a one day workshop to begin development of a Strategic Plan. Workshops with staff were then scheduled for March. We've made very good progress and seem to have a strong alignment of vision between Board, management, and staff. However, our final steps have been interrupted by:

COVID-19 Response – On Friday March 13 we held a one day workshop for staff to add their vital perspectives to the Strategic Plan. Much of the first few hours of the workshop was re-directed to the rapidly developing COVID situation, and our agency's first responses to it; both with internal policies, to protect our staff, and new procedures and initiatives to meet the rapidly developing needs of our clientele. In the following weeks, many of our staff began working out of their homes, but still delivering services directly to our clients through alternative means of delivery – particularly cellphones.

The flexibility and adaptability of our staff in response to COVID has simply been astounding. And what has been most inspiring to me is the underlying passion and *compassion* of our staff. Instead of retreating away from contact, they are continually finding new ways to connect with our clients, and meet the many urgent new needs that are arising from the impact of COVID upon lives and households that are generally already "at the margins".

I think the response of our agency is everything that our founders and predecessors could have hoped for when they built Catholic Family Services. If we can capture even just a portion of this in our new Strategic Plan – and I'm sure we will – then we will have a truly inspiring core vision to guide us as we build the future of Catholic Family Services.

Board and Executive

All current Board members whose terms expire in June are eligible to stand for another two year term, and all have agreed to do so. I have reached the end of my two-year Term as Board President. A new President, Vice President, and Secretary will be selected by the incoming Board (which will continue to include myself, as Past President).

On behalf of the CFS Board of Directors, I would like to thank our management and staff for their outstanding commitment and service over the last year, and particularly over the COVID crisis of the last few months. Over the last few years, I have felt privileged to be a part of this agency. But our extraordinary response of the last few months has created feelings far beyond this. I am **extremely** proud of our agency, and look forward with excitement to being part of its future.

And finally, but most importantly, we also thank our clients, for entrusting us with their hopes and dreams for their own lives, and their families'.

Keith Fortowsky



EXECUTIVE DIRECTOR'S MESSAGE

SANDI URBAN

Executive Director's Remarks

There is a strange phenomena where the passage of time can feel like forever and yesterday at the same time. It's that sense I have as I sit to write and reflect on this past fiscal year. It has been a year of amazing growth and challenge.

Last year, at this time, we were deeply absorbed with closure of Roots & Wings Childcare Centre. I would like to thank and acknowledge the Roots & Wings staff who supported children and their families through this time while facing a transition of their own. There are days where I miss the kids and could really use a dash of Oliver's "old soul wisdom", Charlie's exasperated "oh Sandi" (complete with eye-roll), or being bowled over with a hug from Mason. While difficult, closure was the right decision for the agency.

The decision to closure the centre allowed us to dream big. We were in the middle of applying new funding for our Newcomer Services programs ... and the question "what if" became the norm. The dreams were captured both in our building refresh and in our grant applications. At the end of July, our existing Newcomer Services staff moved to our McIntosh location, in early August the last of the renovations were completed, and in late August we were told that all but one of our proposals to Immigration Refugee & Citizenship Canada were accepted in principle!! I am proud to say that our team concluded successful negotiations for the 5 year funding cycle and we will see our program continue to grow, evolve and serve our new neighbours.

The closure of Roots & Wings and the successful negotiations with IRCC have placed us back in a positive financial position.

Every team and every individual has grown over this past year. On March 12th, a Thursday, I would have told you that I am proud of the Agency that we are becoming (not that I wasn't before, but proud of the growth I had been witness to over the year). On Friday, Staff Strategic Planning day, I would have told you that I am excited at the promise of great things and the alignment of commitment/focus that I saw across all work units, senior management, and the board. We identified who

we “think” we are and who we want to be. We talked about how we meet client’s where they’re at; that one solution doesn’t fit everyone; that we are a trusted partner, nimble, responsive, flexible, and creative. . We noted that for many of our clients, we are viewed as their last hope. We believe that everyone needs a chance; a real chance with right supports. I was beyond excited. With everyone clearly committed to a shared purpose, we could accomplish anything. We identified the first bold steps we want to take; what supports and training we need to be able to take them. The morning included discussions surrounding the plans, policies and “what if” for COVID-19. We acknowledged the potential of the virus yet we weren’t weighed down by a sense of it. On Monday, our world changed. Schools were announcing they were closing; Other service agencies were announcing that they were closing their doors. The test of “are we who we said we are” was already here.

EVERY client in our family support and counselling programs was contacted by their worker. Their unique needs were assessed ranging from mental health, food security, shelter, communications, medical needs, understanding of COVID-19 and on. Clients were assured that we were still here. Individual support plans were created. Clients knew that workers would be checking in with them; they knew how to contact their worker if they needed anything. Clients who were identified as high risk had workers doing “step-checks” or still having face-to-face counselling (passing screening). The main exterior door was not locked while the interior one secured– the entry way was turned into a screening area where anyone who still showed up at our doors could buzz, be screened, and a member of our response team assist them. CFS was NOT shutting its doors and going home.

Staff were amazing. They adjusted to working in small cross unit cohorts that come into office on assigned days to respond to every and any need. They were that response team that supported people coming to our doors; they delivered foodbank orders; medical supplies; emergency supplies to families who didn’t yet have support of the food bank; they did “step checks”; the list felt endless. Working from home was (is) a challenge to do every day – all day when it is not something that you are accustomed to (now let’s throw in the challenge of children being home from school, family members depending on you for supports, spouses being laid off). Staff embraced the challenge with grace. Whatever the task, someone was there to take it on.

COVID-19 has been extremely difficult on our community. Its full impacts are still unknown. We do know that our community needs us more now than ever. Poverty, mental health, addictions, violence. We’re here. We also know that COVID-19 has challenged us to be more creative than we ever could have imagined. Without the sense of urgency, could have we “let go” of some of the boundaries we impose upon ourselves under the guise of “policy” or “practise”?

I am proud of my team. I can’t adequately articulate how proud. I am proud to be part of the long history of CFS. I am honoured to be its Executive Director. COVID-19 provided the confirmation that CFS Regina is client centered, a trusted partner, nimble, responsive, flexible, and creative.

We are here and will remain, with Open Hearts Open Minds Open Doors.

-Sandi Urban



WHO WE ARE

Open Hearts

Open Minds

Open Doors

Catholic Family Service Society, or CFS – Regina as it is known in the Community, has served families and the community since 1936. CFS-Regina has evolved into an organization with two main outreach streams:

a family services stream with programs such as Counselling, Families First, Intensive Family Support, Youth Mentoring, Young Parent Support, Marriage Preparation among others.

a community services stream with the New-comer Career and Support Services and community outreach

Our Vision

CFS – Regina is the organization of first choice for families and individuals wanting support to build on their sense of well-being and to empower their full potential in spirit, mind and body.

Our Mission

CFS – Regina is a non-profit family service agency that is founded on Catholic values. CFS serves all people, to bring about healing, stability and wholeness in the lives of families and individuals.

Our Values

At CFS – Regina, our values are the foundation of our organization and guide how we work with people. They are best summed up in our motto: Open Hearts, Open Minds, Open Doors. They are carried out as:

Acceptance

All people have value and strengths to build on. We recognize there are different types of families with varying needs and issues. Our efforts are guided by our belief that all people are treated with dignity, courtesy and respect.

Supporting Growth and Change

Growth and change are possible for people and their lives. We work to promote honest dependable and compassionate relationships and partnerships. Our commitment is to put the needs of clients first and provide quality service to assist them to reach their goals.

Finding solutions

CFS – Regina recognizes every person deserves a chance. We work to help people improve their quality of life within the spirit of social justice. We support people by assisting the development of skills they need to be successful. No one will be refused service based on an inability to pay a fee.

Serving with Honor

The success of CFS – Regina is built on a reputation of credibility, reliability, honesty and standards of excellence. CFS – Regina staff strive to maintain a high level of trust by acting professionally and respecting confidentiality.



COUNSELLING

LORNA BROTHEN

MARNIE ROGERS-DE YONG

AMANDA FONTAINE

MARY SWANE

KIM SLACK**

STACEY MCGILLIS*

ANNA KUHLMANN*

Counselling Programs

1040+ Hours

237 Clients*

208 Walk-in Clinics/ **4** Sites

331 Walk-in Sessions

The mission of *supportive healing* is realized through **Counselling Services**. Counselling Services includes: Individual, couple, family counselling, Single Session—Walk In counselling, Rapid Intervention for Family Treatment (RIFT) and “Reaching Out” – parenting group

It is our belief that it doesn't matter *how* you access service – *but that you do!* Our Counselling program ensures that everyone in our community has access to professional counselling services. An individual may be referred by another agency (Ministry of Social Services, school, employer, or another community service agency) or choose to walk through the doors themselves. The expansion of services to include **SHIFT Walk-In Counselling** provides a means for community members to access service when they need it. **SHIFT** has allowed CFS Regina to have a presence outside of the city limits through offering weekly clinics in Southey and Indian Head. **SHIFT** is funded through a partnership between Family Service Saskatchewan and the Ministry of Health.

Our Counselling unit has undergone a year of transformation with a new and diverse staff joining our agency. COVID-19 caused us to look at **how** we deliver service **not if** we deliver service. Counsellors responded by offering sessions via telephone, zoom, and in high needs cases in person.

The CFS counseling program also had several opportunities to respond to requests from the community this year. Members of the team facilitated mental health and wellness presentations for community groups and participated in several school and community mental health and outreach fairs.

“Hi! My name is Amanda and I am a Counsellor at CFS. This program provides much-needed support for individuals, couples, and families facing a wide variety of stressors in Regina and surrounding communities. The reason that I am passionate about the services that we provide is simple: we believe in our clients and we meet them where they are at.

*In our program, we hold clients as the foremost authority and expert on their own lives. This can be both foreign and liberating to individuals who may have heard repeatedly that they are failures, they are defective, and they do not belong. We do not see clients as problems to be fixed or solved, rather, we establish equal partnerships with our clients to be able to listen for strengths and potential that is then nurtured. We do this in the spirit of hope that they might see themselves as the worthy and uniquely valuable persons that they are. We are **always** on our clients’ team.*

One benefit to this perspective in counselling practice is that we listen to what our clients identify as barriers to accessing counselling services and work to adapt our services to meet their needs. Here are just a few examples of this process in action:

- We have collaborated with Saskatchewan Health as part of a provincial Family Service Saskatchewan initiative to offer free, on-demand, walk-in counselling clinics in Regina, Indianhead and Southey. This provides an opportunity to support clients immediately as opposed to lengthy waitlists for counselling services as clients can be seen the same day that they decide to access counselling services*
- We never allow finances to be a barrier to accessing counselling. We believe that access to mental health support is a universal right and, as such, provide a sliding-scale for clients facing financial hardship to help facilitate services*
- When the Covid-19 crisis arrived, our counselling team didn’t miss a beat. The team readily adapted our services to provide uninterrupted support to both our ongoing clients and those who access our walk-in counselling program using new technology to facilitate this safely*

I am fortunate to have so many opportunities to see clients show resilience in the face of adversity and trauma and be able to flourish. Here is one such opportunity that shows the ways that various parts of the CFS Counselling Program work together to support this: A client attended counselling through our walk-in counselling program on a regular basis, reporting that their family was in crisis. The family has a significant history of trauma, had been involved with multiple community agencies including law enforcement and child protection, and was at serious risk of splitting apart. The walk-in counsellor worked with this family member to explore means of coping in the short term and eventually posed the option of family counselling at the CFS office on an ongoing basis. When I became involved with the family to provide this service, several family members had not even spoken to each other in quite some time due to the ongoing conflict that was taking place. I am pleased to report that this family has been working hard to rebuild communication and their relationships with one another and report to me that they are having a lot of fun while doing so! The dynamic I have witnessed is almost unrecognizable in comparison with the first interaction we had together. They were able to reconnect with one another in a meaningful way and are highly motivated to work toward meeting their goals together, as a team. I consider it an enormous privilege to be in their corner supporting this growth and cheering them on.

To our fellow community agencies and supports, board of directors, management team, and my fellow staff at CFS Regina: thank you. The life-changing work we are all taking part in would not be possible without our partnerships with one another and I look forward to the year ahead with all of you.

The work that we do at CFS is the most important work there is because it values the journey of the individual with an open heart, an open mind and an open door but we couldn’t do that without those that come to us for help.



Amanda - CFS Counsellor



NEWCOMER EMPLOYMENT SERVICES

SUNBO TOBY-LADE

KAVAN RAVAL

GEETA DEVI

TAANA ZAKIR

BREANNA VOGT*

FUNMI GBADEBO*

ECHO LIU

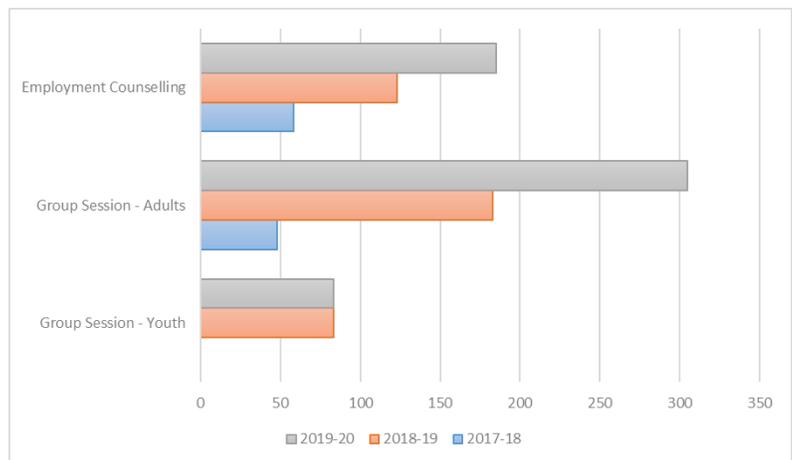
MIRANDA MCLELLAN**

SONIKA CHAUDHARY**

Employment Services

The year 2019-20 was the final year of our three year agreement for CFS's **Newcomer Career Services**, funded by Immigration, Refugees and Citizenship Canada (IRCC). (And we are thrilled to say we have a new 5 year agreement!!)

566 unique clients were served in by the Employment Services Team. Services include one on one employment counselling (185 clients), short Workshops, to multi-day training programs (15 unique training events)—all developed to assist newcomer families successfully engage in Saskatchewan's labour market.



Youth Program "graduates" - in partnership with RODS

“It has been a great journey as a Program Supervisor for Newcomer Employment Services. As a team we were able to achieve new milestone this year. The most important part of our job is we are able to satisfy our clients with our services, whether it is counselling or any group sessions. We understand what actually clients are looking for and work towards to achieve the collaborative goal. Our work is important because we guide newcomers to develop their career paths which can be beneficial for their present and future prospects. We provide them opportunities to sustain in the Canadian market to which most of them are totally new. We listen to our clients, make effort to give good detailed information, offer suggestions by doing level of research and personalize experience, provide constructive feedback to our clients as well as connect clients to the employers directly. At the end of the day, we feel happy seeing our clients smiling when they get any job, it feels we have achieved something, gives the feeling of satisfaction helping them. I think our determination, commitment and sincerity towards our clients makes us unique and which client appreciates too.”



Kavan—Supervisor Newcomer Career Services

This year Newcomer employment services helped 70% clients to secure employment. We got 60% more clients this year for employment counselling. Our youth group session, client number remained the same as the last year but our adults group session saw increase in the number of clients for almost more than double due to more number of new immigrants coming to the province.

We were able to partner with other settlement agencies to expand our reach and promote our programs. We were also successful in organizing hiring fair for our clients, providing them opportunity to give face to face interviews with the employers. Around 100 clients participated in the job fair. We got funding from Grace Mennonite Church for providing work placement to the refugees. We also partnered with Tourism SK to implement their courses and providing clients work placement in hospitality industry.

We were able to do good partnerships with the private companies and other agencies for employment and volunteer opportunities for our clients. We partnered with organizations like Regina Police, Loblaw companies Ltd, CIBC Bank, SaskTel, SaskPower, Service Canada, Workers Compensation Board, Rohit Communities, Hotel Ramada, HGS Canada, Canadian Revenue Agency, Just Serve, Adecco, Northgate Bakery Regina, City of Regina and Service Hospitality to cater our client needs.”



Family Support Programs

The mission of *enhancing stability* for families is realized through the **Family Support Programs**. **Ministry of Social Services funded Family Support Services includes:** Families First, Intensive Family Support, Youth Mentorship Program and Young Parent Support Program.

Family Support workers work with individual families in their home and in community to achieve their personal goals to create a more healthy and stable home environment for themselves and their children. The outcome goals are:

- Parents make more healthy choices for their children by coping well with the demands of their life and by feeling more hopeful they can continue to make positive choices.
- Parents make more healthy choices for the safety of their child by improving their parenting and by seeing their child doing better at home and in the community.
- Parents make more healthy choices for their child by knowing how to find supports when they are needed and making sure their child is not at risk for abuse and neglect.

FAMILIES FIRST, INTENSIVE FAMILY SUPPORT, NEWCOMER FAMILY SUPPORT

JAYMEE JONES

NANCY MASUDA

DHAKA TIWARI**

JAMIE CERON

MISTY COURTNEY

KIRSTEN MCKAY

KARI SVEINBJORNSON

KELSY WALCHUK

KRISTA JOHNSON

DARELENE LADOUX

TANEILLE ROZON

SHANNON WARKEN

JOANNA LAFLEUR*

BRITTANY CUSHION

CHRISTIANA ASSALA

MONIQUE WICKSTROM

HADIS SAMADYAR

SUMIA HASSAN**

10682+ Hours

217 Families

83 Children Reunified

422 Children Preserved

Demand for the “**family visitation rooms**” continues to grow due to appropriateness of the space as well as the increasing complexity of needs. The two rooms are booked throughout the year and have provided a safe, pleasant space for parents to bond with their children. The rooms are set up with comfortable furniture, toys and resources that facilitate positive visits between parents and their children. The rooms provide a continuum of services for the families that we support. Family visitation times can spill out into the backyard where families can play in family friendly outdoor space, weather permitting.

Building upon the experience and knowledge of our traditional family support programs, **Newcomer Family Support Program** was established in 2017 and is funded by **Immigration Refugee and Citizenship Canada**. Areas of support that we encounter for Newcomer Families include: domestic and family violence, isolation, lack of community connection, mental, emotional and physical health needs, child protection involvement, legal involvement, intergenerational conflict and multiple social barriers to settlement. These areas of support often require weekly home/community visits as well as regular communication. Many of our families require the extra support of interpreter services. Our team expanded from 2 family support workers at the beginning the fiscal year to hiring the fourth worker as we completed the year! Our Newcomer Family Support program secured funding from IRCC for the next 5 years!! Funding includes 4 family support workers and a Case manager/Supervisor.

1242+ Hours

348 Visits

32 Families

Additional support is offered to clients and the community through group programming facilitated by CFS Staff. Examples include: ***Nobody’s Perfect; Kids Have Stress Too; Circle of Security*** and ***Handle With Care***.

*“Open heart. Open minds. Open doors. This is the motto of CFS. We often breeze by these words without a second thought but I would like to take a minute to tell you how CFS lives these words every day. Our staff within the Support Services sector at CFS helps families experiencing the effects of poverty, domestic violence, addiction, mental health, gang involvement, isolation and child apprehension. As you can imagine, this is not easy work. In fact, it is the hardest work and it takes a special, kind person to come to work everyday with an **open heart** to help others.*

I can say without a doubt, that the group of staff within the Support world here at CFS are the best in the field. They are selfless and empathetic and work hard every day to help clients experiencing extreme struggles. There isn't a day that goes by that I do not witness the positive impact that they have made in a family's success. Most often these impacts are seen in beautiful, “ordinary” moments. Moments like these can easily be taken for granted by many but behind these ordinary moments are weeks, months or years of hard work from a client with their Support Worker.



Nancy - CFS Family Supports Manager

Ordinary moments that provide a window to our family support world are ones like these:

- *It is seen in a family whose children were apprehended by Child Protection, having those children reunified after one full year of work with our Family Support Programs.*
- *It is seen in a mother leaving an abusive relationship because she has finally found the strength and courage with the support of her Support Worker to know that she is worth more than a constant bruise on her cheek.*
- *It is seen in an LGBTQ teenager connecting to a peer group and finally feeling that they are not alone in the world for simply trying to be themselves.*
- *It is sitting in the car with a mom who is at her breaking point, sharing silence as she cries and asks for you to take her to a counsellor for mental health support, a task that she had once refused in every way.*
- *It is seen in a family smiling back at us because we care enough to consider their family's needs and to offer help.*

Open minds-this is the approach of every single staff member inside the doors of CFS. This agency is constantly looking to grow and change in order to meet the ever changing needs of the clients that we support at our agency. If something isn't working, then it is time to explore what will work. This is what sets CFS apart from other agencies-the client always remains the focus in everything we do!

This has been exemplified through the onset and influx of COVID 19 in our community. When other agencies were shutting doors and closing down, our agency was innovating and diversifying our programs in order to continue offering services.

*Everyone is welcome here. Our **open door** is showcased through the wide range of programs we offer from counselling to family support, young parent programming, youth mentorship and Newcomer support and employment programs. We value diversity at CFS and celebrate the uniqueness of every individual which means that when people walk through the doors, they feel truly welcomed. This is why people choose our agency for services and why they keep coming back. “*

The work that we do at CFS is the most important work there is because it values the journey of the individual with an open heart, an open mind and an open door but we couldn't do that without those that come to us for help.



YOUNG PARENT

JAMIE CERON

Young Parent Program

The Young Parent Program has bloomed and blossomed over the past year. We have secured a space at our CFS Regina building for Young Parents to gather with each other and with their children. The space allows for free play, directed play and social interactions. One day the space is an art studio, the next it's hosting a family dinner and then in the next moment it's a yoga studio!

Since moving into the new space we have been able to expand on programming. The Community Kitchen group has gotten larger with more participants and children able to attend. We are able to sit at a large table and share the meal "family style." We have developed a new gardening program called, Little Seedlings, which allows parents and children to interact freely outside while being exposed to all things gardening; where does our food come from, how do we grow it, how do we maintain it and how do we harvest and prepare it.

The Young Parent Program has hosted two parenting programs over the last year, Circle of Security Parenting and Kids Have Stress Too. Seven parents completed the Circle of Security Parenting program and five parents completed the Kids Have Stress Too program. Here was a feedback comment I received once the Kids Have Stress Too course was complete, "I really enjoyed this program, it helped me because I never knew kids have stress also."

With the space also having a permanent location, it has provided much comfort and safety for the families who attend. They now feel welcome entering a building that is designed for them to enjoy and know that they will be greeted with a warm welcome and can access support when needed.

"The young parent program provides us a place to connect with other families to do fun activities and have great conversations. Some of our favorite activities have been yoga

and gardening. Jamie is the heart and soul of the YPP. She helps us parents connect what we are learning in classes like Circle of Security through play and is always quick to compliment us. She is extremely supportive by offering advice and helping out in any way she can. My children and I absolutely love the YPP!!" – YPP Family

The Young Parent Program looks forward to another year of new programming, adventures and fun!

-- Jamie, Young Parent Program Coordinator



Jamie—Young Parent Coordinator



Drop by for tour of the renovated and refreshed spaces at CFS which includes the Young Parent Programming space, classrooms, offices, staff room! More than the kids love it :)



YOUTH MENTOR

ALISSA KNAUS

Youth Mentor Program

The **Youth Mentor Program** matches adult mentors from the community of Regina and surrounding area one-on-one with vulnerable youth between the ages of 6 and 18 who experience isolation, instability, and conflict in their life. Youth matched with a mentor benefit from a tailored program that is relationship focused and recreational in nature. Youth report an increase in self-esteem, coping skills, communication skills, and harmony in the home after being matched with their mentor for one year.

During the 2019-20 fiscal year the Youth Mentor Program employed 41 contract mentors to deliver 5658.5 hours of service to 48 youth involved with the Ministry of Social Services or referred by Community partners.

Mentors enhance the youth's experiences through community resources and events. The program has benefitted greatly from donated and discounted entrance fees for Saskatchewan Roughrider home games, Globe Theatre shows, Regina Symphony Orchestra performances, Regina Pats games, The Science Centre, The Spring Celebration Pow Wow, and The Travelodge Indoor Water Park to name a few. Mentors also participated in Distracted Driving Awareness program led by SGI.

Youth Mentor programming was the hardest impacted by COVID-19 due to its community & recreation based activities. Mentors continued to engage their youth creatively and virtually during this time.

5658+ Hours

44 Youth

41 Mentors

Our amazing mentors

Agyeman, Kevin
Beaton, Cameron
Belanger, Jean-Paul
Blattner, Laura
Borsa, Katelynn
Deck-Horvath, Carly
Denninger, Matthew
Dreger, Brayden
Dukuly, Jeneba
Dukuly, Maleyamu
Frederickson, Jordan
Hassman, Richelle
Johns, Abbey
Kissick, Kyle James
Knaus, Alissa
Kuntz, Justin
Laloudakis, Georgia
Lueke, Alexandria
Maffenbeier, Bryce
McMullin, Amelia
Meger, Haley
Metcalf, Aaron
Mvoula, Divin
Nault, Jenna Leigh
Oliver, Madison
Pascua, Justine Pia Abitria
Peyson, Skylar
Plank, Jonathan
Puffalt, Jaidyn Makenzie
Purdue, Scott
Sanborn, Jillian
Thiessen, Morgan
Thorsen, Lillian D
Toledo-Aldana, Andrea
Walter, Morgan
Wass, Kelsey
Webber, Kloie
Whatcott, Mary
Williams, Irene
Winter, Ryley
Wolfe, Kyla



Roots & Wings

As shared in last year's annual report, Roots & Wings closed its doors June 30, 2020.

We would like to use this space to acknowledge and thank staff for their dedication to the children and their families through this period of transition.

ROOTS & WINGS

GORDANA KOLIC

CRYSTAL CHEN

LAILANI GARCIA

CARLIE KUNZ

ALICE PHILLIPS

LEXI RICHARDSON

JAMIE RYU

AMINA SULTANA



BUSINESS

LORELEE FUCHS

ALYCIA BRADY

TRUDY AJIDIRU

VICTORIA WINTERHOLT

ANEMARIE THOMSON*

REBECCA CHABUN*

Business Services

If CFS does it, our Business/Admin team supports it—whether its payroll & benefits; office supplies; building infrastructure; cleaning; technology, reporting to funders, greeting clients or managing the telephones!

CFS Administrative team expanded by adding some great new team members. Up front and center you will find Trudy and Victoria. Trudy Ajidiru joined CFS in August, 2019 as an administrative clerk and is our CASEWORKS input expert and records all clients and activities into our data management system. Victoria Winterholt, joined our team in October, 2019, Victoria's strengths and knowledge in social media and outreach has enabled CFS to grow and expand our Social Media presence. Alycia Brady, our administrator reached her 1st year anniversary with CFS in June, 2019. Alycia has taken on the administration of our employee benefits as well as started to work with Lorelee on budgeting this past year. Having this dedicated administration team brings stability to the organization which gives others the strength to do more!

CFS had a very busy 2019-2020 year starting with the very difficult decision to close the Root's and Wings Childcare facility. We began organizing the daycare equipment that would be sold and donated to other childcare facilities and began renovations to bring our Federally funded Newcomer Services department to the 160 McIntosh location. Renovations were completed mid July and our Newcomers staff moved in.

CFS beautified the courtyard by upgrading the sprinklers and uplifting the area with flowers and shrubs to make it a pleasing atmosphere for our staff as well as our clients. Fall brought again building challenges that needed to be addressed in particular the roof repair. Estimates were done and arrangements have been made, roof repairs are to begin in spring/summer of 2020. Winter brought new negotiations with IRCC and a successful 5 year contract was led and negotiated by our Business team. Our last quarter has brought a new world and way of life to CFS as everything we were familiar drastically changed when Covid19 hit, our office adjusted quickly getting back to business working from home learning new skills to take us forward into our new way of life.

FUNDERS



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

Catholic Family Services Foundation



THANK YOU

**to the many organizations, schools, businesses
and individuals who contribute to CFS-Regina
in the many ways you do!!**

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